

FRUIT OF THE SPIRIT VS. ROOTS OF DISEASE

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http://i.b5z.net/i/u/1627875/f/A_New_Ministry_Tool.pdf

"Mankind has known intuitively that there is an association between negative emotional states and ill health, but it is only in recent years that science has produced the evidence that these emotional states have direct and very specific chemical and biological consequences that effect on our quality of life and indeed the number of our days....Our separation from God, others and ourselves produces fear, guilt and shame....These Roots of Disease are being linked increasingly to a large number of chronic, incurable and deadly ailments.... Importantly, the associations are not random nor are we helpless victims." May this motivate you as you bless others with the fruit of the Spirit!

Fear

The ectoderm forms the brain and nerves, the skin and the electrical control of the heart and blood vessels

Guilt

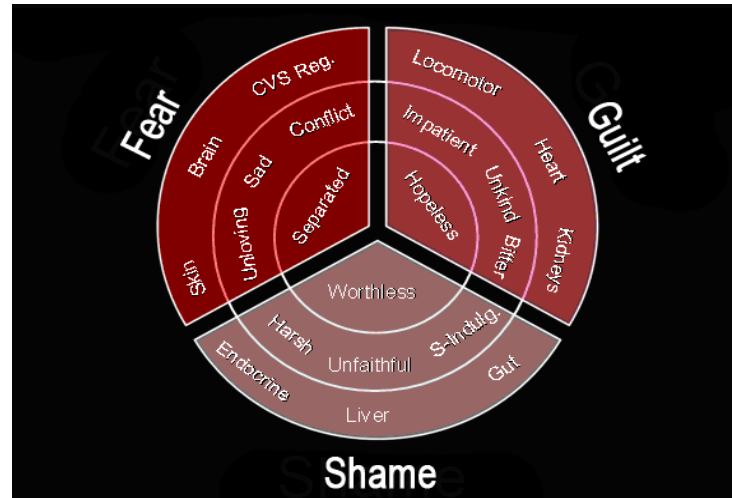
The mesoderm forms the musculoskeletal system, heart and kidneys

Shame

The endoderm forms the liver, various endocrine organs, and intestines.

The ectoderm is affected primarily by Unlovingness, Sadness, and Conflict. Specifically:

- Unlovingness affects our skin (including psoriasis, eczema, and premature ageing)
- Sadness affects the function of our brain (including depression, forgetfulness, Parkinson's Disease, etc.)
- Conflict affects the nerves regulating our blood vessel and heart (including heart palpitations and migraine)



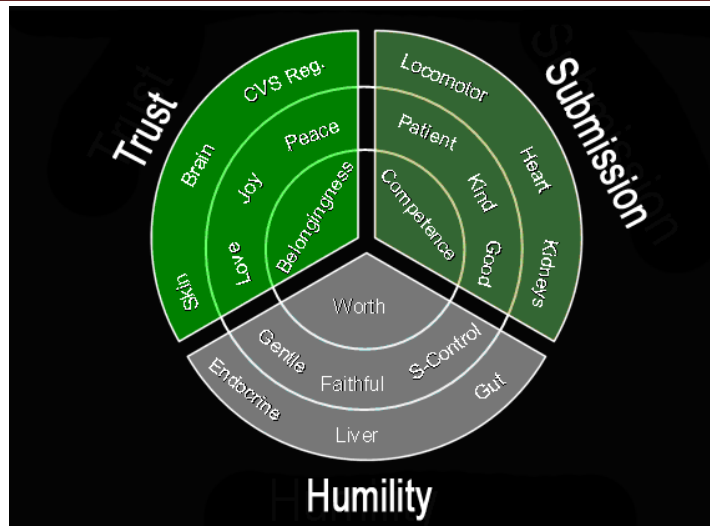
The mesoderm is affected by Impatience, Unkindness, and Bitterness. Specifically:

- Impatience (hostility – Type A trait) affects our heart (including high cholesterol and heart disease)
- Unkindness affects our kidneys, and
- Bitterness affects our musculoskeletal system and bone marrow (including arthritis and cancers)

The endoderm is affected by Unfaithfulness, Harshness and Self-indulgence. Specifically:

- Unfaithfulness affects our liver (including Hepatitis B & C)
- Harshness affects parts of our endocrine system (including thyroid problems)
- Self-indulgence affects our intestines (including obesity)

Our brain and nerves, the skin and the electrical control of the heart and blood vessels (ectoderm) respond readily to Love, Joy and Peace.



Our musculoskeletal system, heart and kidneys and immune system (mesoderm) respond to Patience, Kindness and Goodness

Our liver, various endocrine organs, and intestines (endoderm) respond to Faithfulness, Gentleness and Self-Control.